High Pressure.

Not a day passes that we do not read in the papers announcements beginning thus: "Died suddenly, aged forty." The hames are different and the ages vary a few years, but the comment following is usually the same: "The deceased was in his ordinary health and actively engaged in business up to the moment of his death." What does it mean? It is not the manner of dying which is in question; it is the time. There are many who, if they could choose, would prefer to go out of this world into the next without previous world into the next without previous warning or preliminary illness, but few who care to depart when they are thirty-five years old, or forty, or even fifty. And a man ought not to be worn out by that time. He should be at his best, physically and mentally. But the sudden death means a wearing out, it means a weight under which the body could not stand: it means that the man could not stand; it means that the man has tried to do the work of sixty years in half that time, and has failed. Physicians say that brain and heart disease increase year by year. Two genera-tions ago a sudden death startled the community and was talked of for months; now it is so common as to cause

only momentary surprise. We live under such a high pressure that we are exhausted early, but we accomplish no more, perhaps, than our fathers did. We attempt a greater variety of work than they, because we have machinery and modern appliances to work with, but the human machine has not been improved since their day, and can endure no more friction and strain now than then. We lay plans which, when carried out, must bring great re We make haste to execute them, with body and soul absorbed in the effort; possibly we succeed, but the tension on mind and nerves has been too great. Our fathers would have gone to work more slowly; their projects would have been more limited, too; but, if they failed, there would remain some power about the blessings to mankind in the inventions of modern times, and we, no doubt, enjoy many luxuries from that source which could not well be spared; yet, the so-called labor-saving machinery has not been a caving of trip me of time. has not been a saving of toil or of time. The familiar example of the sewing-ma-chine is only one of many. Where for-merly a dress was plain, it now has yards upon yards of tucks and ruffles and hems-a thousand stitches where one was before.

Even the farmer, less ambitious than most others as a rule, has grown restless, too. Since the introduction of reapers and mowers, and all sorts of implements to make his work easy, he is no longer content to till the small farm. He might learn to live in the time gained, but, instead, he seeks fresh fields to conquer, and pastures new. Over and over again the story is repeated of the man who wished to own all the land adjoining his.

Merchants and business men are not satisfied with moderate profits and a competence in the end; they want "great riches," and bend every energy to secure them at once. They cannot wait. There is a feverish haste everywhere. People are impatient of the time taken by the are impatient of the time taken by the fast trains. Forty miles an hour is not enough. They telegraph to their friends instead of writing to them—not that there is much of importance to say, but time is gained. That time is spent upon something else which urges and pushes for accomplishment. The telephone is invented, and the man who once walked a dozen blocks to carry a message now grows exasperated if he is delayed a moent in talking through the instrument. Men must have news from all parts of the world every morning, and they di-vide the breakfast hour—oftener a quarter-hour-between the paper and the meal.

They hurry to business, they hurry through the day, through the week, through life. They take little time for society, for recreation—in short, for real living. Or, if they do attempt to fulfill social duties there is apt to be a tightening of screws and more pressure. They crowd the work into smaller space, but do not lessen the quantity. And what is the use of such haste? It

is caused, in part, by the almost resist less power of competition, and in part by the chance this country gives for men to become wealthy or powerful. Yet all cannot be in the front ranks, nor all gain wealth in the struggle. If the compet-itors could only see this early in the day and be content to accept a modest posi-

and be content to accept a modest posi-tion in life before they are pushed back, before they have lost courage in the vain effort to win, would it not be well? They need not be idle; they need not heed the advice of half-fledged disciples of beauty who chatter about "living up to the fily." This is not an æsthetic homily; it is only an appeal to live slow-ly enough to enjoy life a little, to look upon it calmly, even if we cannot learn what it all means, and go tranquilly upon it calmly, even if we cannot learn what it all means, and go tranquilly down to old age. It is too much to hope, perhaps, while the hurry of the age begins almost with the cradle and only ends with the grave. When it does not appear in the scramble for existence or for riches, it shows in another way. The child is put in school when he should be at play. He is made to study much for which his mind is not adapted, or for which he will have no use. He is crowded and stimulated and crammed and all ed and stimulated and crammed and all along through his school years until he is filled with a jumble of many things. He has gained, it may be, an ardent thirst for learning, a wish to dip into every branch of knowledge. He studies and pores over books; he pries into the secrets of nature and of God. He grows dissatisfied, at last, because he cannot grasp all—there is always something be-yond his reach. He forgets that he is only human, that even the greatest minds must have but superficial attainments in this world; forgets that there is a space beyond his widest horizon,

And though his soul sail leagues and leagues Still leagues beyond those leagues there is more sea.

He studies and gropes eagerly but blindly in his narrow path until, one day, something gives way in heart or brain, and he goes suddenly out of this life in-to the one where all knowledge is.—Indianapolis Journal.

of the bar of Buffalo, who was driven by failing health several years to ago to the Sandwich Islands, has been appointed Second Associate Justice on the bench -Benjamin Hale Austin, a member in that Kingdom.

FARM AND FIRESIDE.

-Sunflower seeds, fed in small quantities, imparts a beautiful gloss to the plumage of poultry.

-Never set a hen in a box above the ground or floor of the chicken-house, if possible to do otherwise, as the eggs dry too fast and lose their vitality. Much better success may be expected if the nests are made upon the ground.

-There are some kinds of cotton cloth which almost invariably turn yellow after the first washing; this can be pre-vented if two days before the regular washing the cloth is soaked in clear water. This is worth trying if you have any doubts about the cloth.

—A very agreeable dentifrice for good teeth is made from an ounce of myrrh in fine powder and a little powdered green sage, mixed with two spoonfuls of white honey. A druggist will make up the compound, and the teeth should be washed with it every night and morning.

-Before dipping a new pen into ink thrust it into a fresh-cut potato, and the ink will never cling. When the pen is thickly gummed with dried ink a few thrusts will clean it perfectly. When not in use, some accountants leave their pens sticking into a potato kept on the desk for the purpose.

-Poor shelter, care and feed will, in a few generations, make scrubs of the finest thoroughbred stock. Thoroughbred scrubs are but little better than pative scrubs, and the farmer who raises either will always be poor. Breeding the best stock and keeping it in the best possible manner pays the largest profits.

-Allowing for considerable variations, owing to prices, etc., Professor Caldwell, of Cornell University, names from threequarters to one pound per day to 1,000 pounds weight of stock, as the quantity of linseed oil cake, which may be most profitably fed during winter when it is only desired to keep the animals in good

-The Croup.-Take lobelia, ginger and cayenne pepper, of each one-half drachm, put them in a pitcher with one-half pound of sugar and a pint of boiling water; stir until sugar is dissolved; leave to settle; then add one drachm of the oil of peppermint, and one ounce of the tincture of myrrh. Bottle when cool; dose, from ten drops to a teaspoonful every half hour until relieved. I hope that every mother who reads this will give it a trial .- Maine Farmer.

-The immense herds, now aggregating twenty millions, which roam over the pampas of the Argentine Republic, and comprise, with the sheep, most of the wealth of that country, are all de-seended from eight cows and a bull which two Portuguese brothers, named Goes, took to the Spanish colony there in 1553. It is only within a few years that any effort has been made to improve the much-depreciated stock of the country. As yet only a few cattle near Buenos Ayres have been crossed with shorthorn breeds.

-The alarming prevalence of the small-pox makes timely this item, taken from the Liverpool Mercury: "I am willing to risk my reputation as a public man" says Edward Hine, " if the worst case of small-pox cannot be cured in three days, simply by the use of cream of tartar. One ounce of cream of tartar dissolved in a pint of water, drank at short intervals when cold, is a certain, never-failing remedy. It has cured thousands, never leaves a mark, never causes blindness, and avoids tedious lingering."

—Cup Coffee.—Four eggs, two cups sugar, one scant cup butter, one cup milk, one small teaspoonful soda, two of cream tartar. Beat the whites and yelks separately. Beat the sugar and butter very light, then add the eggs and other ingredients and stir in flour just enough to stiffen. The flour should be used with good judgment, as there is great difference in the quality.

Three cups of flour is the prescribed two stamps and history of case for pamphlet, we stamp and history of quantity, but Mrs. P.'s cook used less, and her cup cakes cannot be beaten by any one. - Mrs. Beecher.

Winter Treatment of Hens.

Hens must have comfortable and con renient quarters in winter. Most people keep too many hens for the accommoda-tions they furnish them. Hens are naturally active animals, and when confined in winter quarters require plenty of room, Five hens and five roosters, of all ordinary breeds should have a house 24x16 in the clear and ten feet high in the clear. This will allow about seventy cubic feet of space for each fowl, which is little enough. No class of animals is so susceptible to the ill effects of crowding as the feathered class. Hens will not lay when too much crowded, nor will they remain healthy long if too many are kept together. The building should be well ventilated by chimney without admitting any gusts or draughts of wind. It should face the south, if possible, and have several windows in front. Where the weather gets very cold it will be well to have the whole front glazed and have a stove inside. Hens cannot lay unless they are kept comfortable, and when the temperature falls to ten degrees, or lower, they require a little artificial heat. This heat must be carefully managed; a little fire only should be kept, and it should be as steady as possible. Uniformity of temperature is what is wanted. The houses must be kept clean and neat. The floors thould be sweet every day, and be dust. should be swept every day, and be dust ed over with dry earth, ashes, chaff, short straw, or litter of any kind that can be easily removed. Every hen house should have plenty of suitable roosts. There should be a shallow box or bin in one corner-a sunny corner is bestcontaining dry earth, ashes, chip dirt, or a mixture of them for the hens to wallow in. They enjoy their bath in winter as much as in summer. Where oyster shells cannot be easily procured there should be a box containing gravel within reach of the fowls. A sufficient number of nest boxes with glass nest eggs in them, several shallow vessels for water, and a feed trough will complete the necessary outfit for the hen house. A very important adjunct to the hen house

—The ancient device of pouring oil upon the troubled waters is to be re-vived. A Mr. Shields of Perth has invented a piece of apparatus for the smoothing of broken seas by means of oil, and a few days ago the contrivance was tried at Peterhead, in Scotland, with considerable success. The oil was conveyed to the North Harbor entrance by means of a pipe 200 yards long. The pumping soon took effect on a piece of rough water. The oil spread and ren-dered the harbor quite smooth over a

A Picture Worth Beholding.

Hanging between two small windows, and catching the light from a larger one opposite in one of the offices of Adams Express Com pany, at 59 Broadway, New York—the office occupied by Mr. W. H. Hall, head of the delivery department—is a plainly finished but neatly framed chromo about 2% by 3 feet in size, which is looked upon by hundreds of peo ple daily, on many of whom it has a wonderfu and salutary effect. It represents a flight of half a dozen rough stone steps leading from the swarded bank of a placid lake to a little rustic temple set in the rugged side of the mountain which rises in stupendous propor-tions in the background all covered with a rank luxuriant growth of foliage in brush and tree. In the open door of this little temple stands a half concealed figure, with an arm and hand extended, holding forth a small, dimly defined package, while seated on the sward at the foot of the steps an aged pilgrim. barefooted, lame and decrepid, bears a staff in one hand, and in the other holds before his dim eyes a small bottle, whose label he eager-ly scans. This label bears the words "St. cobs Oil the Great German Remedy." Simple as this little chromo appears in its unos tentatious position, it has an influence which it would be difficult to estimate. "It is to that picture and the persuasions of Mr. Hall," said Mr. Edward J. Douglass, a gentleman connected with Mr. Hall's department, "that I owe my present ability to perform my work, Some weeks ago I was violently attacked with sciatic rheumatism, and hour by hour I grew worse, and nothing my family or the doctor could do gave me any relief. I began to think in a few days that my case was hopeless and that I was doomed to be an invalid and help-less cripple for life. But at last I thought of that picture which I had so often looked at with but little interest, and then Mr. Hall came to my bedside, and telling me how St. Jacobs Oil had cured him of a worse and long-er standing case than mine, urged me to use the same remedy. I did so that very night, directing my wife not to spare it but to apply it thoroughly according to the directions; this she did with a large piece of fiannel cloth saturated with the Oil, and then bound the cloth to the affected parts. The next morning I was free from pain, and although a little sore in the hip, was able to dress myself, and the next day resumed my duties in the office as sound as a dollar. Here I am now in full health and strength, having had no touch of rheumatism or orther pain since. Whenever I see one of our drivers or any other pers who shows any symptoms of lameness or stiffness, I point him to the picture in Mr. Hall's office, and then direct him to go for St. Jacobs

ESCULAPIUS practiced medicine even when an infant, which gave rise to the song, "M. D. is the cradle."—Cincinnati Saturday Night.

Oil at once."-N. Y. Evening Telegram.

Moses How, Esq., of Haverhill, Mass, strongly indorses St. Jacobs Oil for rheuma tism, etc., from the observation of its effects in his factory as also in his own family—so we see from one of our Massachusetts exchanges -Bridgeport (Conn.) Standard.

"What is the greatest charge on record?"
asked the professor of history. And the absent-minded student answered: "Seventeen
dollars for back hire for self and girl for two

" Best of . L"

DR. R. V. Piercz, Buffalo, N. Y.: Deer Sir-My family has used your "Favorite Prescrip-tion" and it has done all that is claimed for it. It is the best of all preparations for female com-plaint. I recommend it to all my customers. G. S. WATERMAN, Druggist, Baltimore, Md.

Mistrass: "Bridget, I really can't allow you to receive your sweetheart in the kitchen any longer." Bridget: "Thank you, kindly, mum, but he's too bashful for the parlor."

UNDER the microscope a hair has rough edges like a rasp. No wonder then that a young man's mustache often tickles a girl's nose.—Philadelphia Chronicle.

"Golden Medical Discovery for all scrofulous and virulent blood-pol is specific. By druggists.

HENS scratch up flower-beds only when they are barefooted. That's why women run out and "shoo" the bens to keep 'em from doing damage.—New Orleans Picegume.

DRALERS are beginning to see that it is better to go with the tide than to swim against it. By selling the Charter Oak Range they are helped in selling other things. 10-6 THE MARKETS. NEW YORK, February 2, 1882. CATTLE-Exports.
COTTON-Middling.
FLOUR-Good to Choice.
WHEAT-No. 2 Red.
No. 2 Spring.
CORN-No 2.
OATS-Western Mixed.
PORK-Standard Mess. OATS-Western Mixed.
PORK-Standard Mess.
ST. LOUIS.
OOTTON-Middling.
BEEVES-Choice.
Fair to Good.
Native Cows.
Texas Steers.
HOGS-Common to Select.
SHEEP-Fair to Choice.
FLOUR-XXX to Choice.
WHEAT-No. 2 Winter.
No. 3 "
CORN-No. 2 Mixed.
OATS-No. 3.
RYE-No. 2.
TOBACCO-Dark Lugs.
RYE-No. 2.
TOBACCO-Dark Lugs.
BUTTER-Choice Dairy.
EGGS-Choice.
PORK-Standard Mess. 1
BACON-Clear Rib.
LARD-Prime Steam.
WOOL-Tub-washed, medium
Unwashed.
CHICAGO. Unwashed medium
Unwashed CHICAGO.
CATTLE—Native Steers.
HOGS—Good to choice.
SHEEP—Good to choice.
SPIJOUR—Winter.
Spring.
WHEAT—No. 2 Red.
No. 2 Spring.
CORN—No. 2
OATS—No. 2
BYE.
PURK—New Mess. 1 PORK-New Mess... CATTLE—Native Steers...
HOGS—Sales at.
"No. 2."
"No. 3... NEW ORLEANS.

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FOR DIPHTHERIA, don't fail to use Dr. L. E. TOWNE'S DIPHTHERIA KING. The GREAT PREVENTIVE and CURE. Sold by all druggists. Morrison, Plummer & Co., Chicago, Gen'l Agents.

PROPLE who study economy before every-thing else, like the Chinaman, prefer the Charter Oak Range, because it saves fuel. 11-3

L. E. RANSOM BUTTER COLOR will not color the butter milk nor the cloth on the tubs. En tirely harmless.

THE hotels are beginning to try the new Charter Oak Hotel Range, because of its great ooking capacity and economy of fuel. 12-3 THE Frazer Axle Grease is the best in the world. Sold everywhere. Use it.

A Friend in Need is a Friend Indeed

And by such a one's sympathizing advice and aid many a trouble has been lifted and burder lightened. Such a friendship is worth keeping and when, from his experience, he advises and instructs, his opinions should be heeded. If kind words can never die, and good deeds are never lost, the inducement for always doing the good one can is still a great one. Many people imagine that they had better do nothing than do a little forgetting that it is the detail that makes the agregate—the drops that form the showers—the little kindnesses of life that make existence endurable. As, in the picture, the good old St. Jacons on is extending relief to the sufferfing suppliant by offering a bottle of that wonderful remedy. St. Jacons on, so all can do something of benefit for his fellow men in their times of trouble or sickness. In how many instances could the sim



ple mention of the words "Sr. Jacobs Oil," coupled with terms of indosement and en couragement, bring relief and cure to those suffering with rheumatism. In view of the wonder ful record of this Great German Remedy in the cure of rheumatism, neurals and and ful record of this Great German Remedy in the cure of rheumatism, neuralgia and all painful diseases, it appears in the light of strong duty for everyone to patiently, yet persistently, urge its application in the diseases named, bearing in mind that the highest good from man to man consists in that which tends to promote their peace, welfare and general health. Among others who have no hesitation in giving free expression to their opinion is Bishop Gilmour, of Cleveland, Ohio, who has used the Great German Remedy, Sr. Jacons Oil, and endorses it highly. He writes about it as follows: "I am pleased to say that the use of Sr. Jacons Oil, has benefited me rreatly, and I have no hesitation to recommend it to all as an excellent curative."

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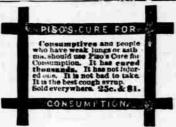
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